

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2021



<p>9:00 SUNDAY MORING EXERCISE GOSPEL HOUR FUN WITH THE PARACHUTE 1:00 HYMN SING EASY STROLL 2:00 SOCIAL & REFRESH 3:00 SUNDAY MOVIE 6:00 MUSIC RELAXATION</p>	<p>9:00AM SIT AND FIT EXERCISE EASY STROLL 10:00 DEVOTION TIME UNFORGETTABLE FORTIES DAY MIX MATCH GAME 2:00 SOCIAL & REFRESH 3:15 DAILY DISCUSSION 6:00 MUSICAL MONDAY</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE EASY STROLL 10:00 DEVOTION TIME GATOR GLOF 2:00 FUN TRIVIA WITH CONNIE 3:00 ARMS IN MOTION 6:00 JEOPARDY</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE 10:00 DEVOTIONAL TIME 12:30 HAPPY NAIL TIME 1:00 CLOWNING AROUND WITH CONNIE 2:00 SOCIAL & REFRESH LET'S ENJOY SOME PIANO MUSIC 6:00 GOSPEL HOUR</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE 10:00 HYMN THURSDAY DAILY CHRONICLES 1:00 BINGO WITH CONNIE 4:00 DAILY CHRONICLES 6:00 MUSIC RELAXATION</p>	<p>9:00AM SIT AND FIT EXERCISE EASY STROLL 10:00 DEVOTION TIME 2:00 SOCIAL & REFRESH SPARKLING GRAPE JUICE 3:30 DAILY CHRONICLES 4:00PM ARMS IN MOTION GATOR GOLF 6:00 WHEEL OF FORTUNE</p> <p>New Year's Day</p>	<p>9:00AM SIT AND FIT EXERCISE- 10:00 DEVOTION TIME GATOR GOLF 2:00 BAKE COOKIES 3:00 ARMS IN MOTION DAILY CHRONICLES 4:00 HANGMAN 6:00 EASY LISTINING MUSIC</p>	
<p>9:00 SUNDAY MORING EXERCISE GOSPEL HOUR FUN WITH THE PARACHUTE 1:00 HYMN SING 2:00 SOCIAL & REFRESH 3:00 SUNDAY MOVIE 4:00 THERAPEUTRIC COLORING 6:00 MUSIC RELAXATION</p>	<p>9:00AM SIT AND FIT EXERCISE EASY STROLL 10:00 DEVOTION TIME SHUT THE BOX GAME 2:00 SOCIAL & REFRESH 3:15 DAILY DISCUSSION MIX MATCH GAME 6:00 MUSICAL MONDAY</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE EASY STROLL 10:00 DEVOTION TIME 2:00 ARMCHAIR TRAVEL WITH CONNIE 4:00PM ARMS IN MOTION 6:00 WHEEL OF FORTUNE</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE EASY STROLL 10:00 DEVOTIONAL TIME 12:30 HAPPY NAIL TIME 1:00 WACKY WINTER DAY WITH CONNIE 3:00 ARMS IN MOTION PUZZLE FUN 4:00 GATOR GOLF 6:00 GOSPEL HOUR</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE 10:00 HYMN THURSDAY PARACHUTE FUN 1:00 BINGO WITH CONNIE 4:00 DAILY CHRONICLES 6:00 MUSIC RELAXATION</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE BALLOON BADMITON 2:00 SOCIAL & REFRESH LITTLE ICE CREAM FUN 3:30 DAILY CHRONICLES 4:00PM ARMS IN MOTION GATOR GOLF 6:00 WHEEL OF FORTUNE</p>	<p>9:00AM SIT AND FIT EXERCISE- 10:00 DEVOTION TIME GATOR GOLF 2:00 ENJOY SOME JAZZ MUSIC 3:00 ARMS IN MOTION DAILY CHRONICLES 4:00 HANGMAN 6:00 EASY LISTINING MUSIC</p>	
<p>9:00 SUNDAY MORING EXERCISE GOSPEL HOUR FUN WITH THE PARACHUTE 1:00 HYMN SING 2:00 SOCIAL & REFRESH 3:00 SUNDAY MOVIE 6:00 MUSIC RELAXATION</p>	<p>9:00AM SIT AND FIT EXERCISE EASY STROLL 10:00 DEVOTION TIME SNOWFLAKE DAY 1:00 CHAIR BEACH BALL FUN 2:00 SOCIAL & REFRESH PUZZLE TIME 3:15 DAILY DISCUSSION MIX MATCH GAME 6:30 MUSIC MONDAY</p> <p>Martin Luther King Day</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE EASY STROLL PARACHUTE FUN 2:00 ARMCHAIR TRAVEL WITH CONNIE COFFE AROUND THE WORLD 3:00 ARMS IN MOTION 6:00 JEOPARDY</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE EASY STROLL 12:30 HAPPY NAIL TIME 1:00 SENTIMENTAL JOURNEY -BOB GARBER- CONNIE LET'S ENJOY SOME PIANO MUSIC 2:00 SOCIAL AND REFRESH 'WITH OLD TIME RADIO SHOW 4:00 GATOR GOLF 6:00 GOSPEL HOUR</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE EASY STROLL 10:00 HYMN THURSDAY 1:00 BINGO WITH CONNIE 4:00 DAILY CHRONICLES 6:00 MUSIC RELAXATION</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE EASY STROLL 10:00 DEVOTION TIME BALLOON BADMITON 1:00 SMALL TOWN DAY WITH CONNIE FUN WITH PUZZLES 3:30 DAILY CHRONICLES 6:00 WHEEL OF FORTUNE</p>	<p>9:00AM SIT AND FIT EXERCISE- 10:00 DEVOTION TIME 12:30 PUZZLE FUN 2:00 FRUIT CAKE AND COFFEE 3:00 ARMS IN MOTION DAILY CHRONICLES 4:00 HANGMAN 6:00 EASY LISTINING MUSIC</p>	
<p>9:00 SUNDAY MORING EXERCISE GOSPEL HOUR FUN WITH THE PARACHUTE 1:00 HYMN SING EASY STROLL 2:00 SOCIAL & REFRESH 3:00 SUNDAY MOVIE 6:00 MUSIC RELAXATION</p> <p>Activity Professionals Week</p>	<p>9:00AM SIT AND FIT EXERCISE EASY STROLL 10:00 DEVOTION TIME MARSHMALLOW MONDAY MIX MATCH GAME 2:00 SOCIAL & REFRESH 3:15 DAILY DISCUSSION 6:00 MUSICAL MONDAY</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE EASY STROLL 10:00 DEVOTION TIME GATOR GLOF 2:00 ARMCHAIR TRAVEL WITH CONNIE THE ROYAL WEDDING ANNIVERSARY 3:00 ARMS IN MOTION 6:00 JEOPARDY</p> <p>Australia Day (observed)</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE 10:00 DEVOTIONAL TIME 12:30 HAPPY NAIL TIME 1:00 WINTERTIME MEMORIES WITH CONNIE LET'S ENJOY SOME PIANO MUSIC 6:00 GOSPEL HOUR</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE 10:00 HYMN THURSDAY DAILY CHRONICLES 1:00 BINGO WITH CONNIE 2:00 SOCIAL & REFRESH 4:00 DAILY CHRONICLES 6:00 MUSIC RELAXATION</p>	<p>9:15AM SIT & FIT EXERCISE-CONNIE EASY STROLL 10:00 DEVOTION TIME 2:00 SOCIAL & REFRESH 4:00 ARMS IN MOTION 6:00 WHEEL OF FORTUNE</p>	<p>9:00AM SIT AND FIT EXERCISE 10:0 DEVOTION TIME 2:00 BLUEBERRY MUFFIN AND COFFE DAY 3:00 ARMS IN MOTION DAILY CHRONICLES 4:00 FUN WITH THE PARACHUTE 6:00 EASY LISTINING MUSIC</p>	
<p>9:00 SUNDAY MORING EXERCISE GOSPEL HOUR FUN WITH THE PARACHUTE 1:00 HYMN SING 2:00 SOCIAL & REFRESH 3:00 SUNDAY MOVIE 4:00 THERAPEUTRIC COLORING 6:00 MUSIC RELAXATION</p>	<h1>ROYAL HAVEN</h1>						<p>9:00AM SIT AND FIT EXERCISE 10:0 DEVOTION TIME</p>



Sunday

Monday

Tuesday

Wednesday






















Thursday

Friday

Saturday

January 2021

Regency Pointe

<p>9:00 CHURCH SERVICE IN IL MPR 3</p> <p>5:00 COFFEE AND CHIT CHAT IN THE LOBBY*</p> <p>PLEASE REMEMBER TO SOCIAL DISTANCE</p> 		<p>ENJOY A MORNING WALK* 4</p> <p>10:00 GROCERY SHOPPING/BANK</p> <p>10:00 EXERCISE-IL MPR</p> <p>1:00 WALMART</p> <p>3:45-4:30 HYMN SINGING IN IL MPR</p>		<p>9:15 COFFEE AND PASTRY IN IL LOBBY 5</p> <p>10:00 EXERCISE-IL MPR</p> <p>12:30 TRIVIA TUESDAY-PIANO</p> <p>1:00 LINE DANCING - IL MPR</p> <p>2:00 FUN WITH WII SPORT- IL MPR</p> <p>3:00 BIBLE STUDY-IL MPR</p>		<p>ENJOY A MORNING WALK* 6</p> <p>10:00 EXERCISE-IL MPR</p> <p>2:00 RESOLUTION VISION BOARD* WHAT DO YOU WANT TO SEE IN 2021- IL MPR</p> <p>3:00 BINGO- IL MPR</p> 		<p>9:15 COFFEE AND TRIVIA IN IL LOBBY 7</p> <p>10:00 EXERCISE-IL MPR</p> <p>2:00 CORN HOLE AND POPCORN IN IL LOBBY</p> <p>4:30 PIANO MUSIC BEFORE DINNER</p>  		<p>HAPPY NEW YEARS 1</p> <p>10:00 EXERCISE-IL MPR- RESIDENT LEAD</p> <p>2:00 FUN WITH WII SPORT- IL MPR</p> <p>3:00 NEW YEARS CHIT CHAT WITH FRIENDS IN IL LOBBY PLEASE REMEMBER TO SOCIAL DISTANCE</p>  <p>New Year's Day</p>		<p>PICK UP YOUR TRIVIA IN IL LOBBY 2</p> <p>TRIVIA TIME</p> <p>OPEN TIME ALL DAY WITH THE Wii</p> 	
<p>9:00 CHURCH SERVICE IN IL MPR 10</p> <p>5:00 COFFEE AND CHIT CHAT IN THE LOBBY*</p> <p>PLEASE REMEMBER TO SOCIAL DISTANCE</p> 		<p>ENJOY A MORNING WALK* 11</p> <p>10:00 GROCERY SHOPPING/BANK</p> <p>10:00 EXERCISE-IL MPR</p> <p>3:45-4:30 HYMN SINGING IN IL MPR</p>		<p>9:15 COFFEE AND PASTRY IN IL LOBBY 12</p> <p>10:00 EXERCISE-IL MPR</p> <p>12:30 TRIVIA TUESDAY-PIANO</p> <p>1:00 LINE DANCING - IL MPR</p> <p>2:00 FUN WITH WII SPORT- IL MPR</p> <p>3:00 BIBLE STUDY-IL MPR</p>		<p>ENJOY A MORNING WALK* 13</p> <p>10:00 EXERCISE-IL MPR</p> <p>2:00 PENNY AUCTION WITH AMEDISYS- IL MPR</p> <p>3:00 BINGO- IL MPR</p> 		<p>9:15 COFFEE AND TRIVIA IN IL LOBBY 14</p> <p>10:00 EXERCISE-IL MPR</p> <p>2:00 MATINEE "COAL MINER'S DAUGHTER IL MPR</p> <p>4:30 PIANO MUSIC BEFORE DINNER</p> 		<p>10:00 EXERCISE-IL MPR 15</p> <p>1:00 SHOPPING IN RAINBOW CITY AREA</p> <p>2:00 "KICK BACK FRIDAY" IL LOBBY (coffee, hot tea & wine)</p> 		<p>PICK UP YOUR TRIVIA IN IL LOBBY 16</p> <p>TRIVIA TIME</p> <p>OPEN TIME ALL DAY WITH THE Wii</p> 	
<p>9:00 CHURCH SERVICE IN IL MPR 17</p> <p>5:00 COFFEE AND CHIT CHAT IN THE LOBBY*</p> <p>PLEASE REMEMBER TO SOCIAL DISTANCE</p> 		<p>ENJOY A MORNING WALK* 18</p> <p>10:00 GROCERY SHOPPING</p> <p>10:00 EXERCISE-IL MPR</p> <p>1:00 SHOPPING AT WALMART</p> <p>3:45-4:30 HYMN SINGING IN IL MPR</p> <p>Martin Luther King Day</p>		<p>9:15 COFFEE AND PASTRY IN IL LOBBY 19</p> <p>10:00 EXERCISE-IL MPR</p> <p>12:30 TRIVIA TUESDAY-PIANO</p> <p>1:00 LINE DANCING - IL MPR</p> <p>2:00 FUN WITH WII SPORT- IL MPR</p> <p>3:00 BIBLE STUDY-IL MPR</p>		<p>ENJOY A MORNING WALK* 20</p> <p>10:00 EXERCISE-IL MPR</p> <p>2:00 PENNY AUCTION WITH MIKE- ILMPR</p> <p>3:00 BINGO- IL MPR</p> 		<p>9:15 COFFEE AND TRIVIA IN IL LOBBY 21</p> <p>10:00 EXERCISE-IL MPR</p> <p>2:00 LAUGH AND LEARN</p> <p>4:30 PIANO MUSIC BEFORE DINNER</p>		<p>10:00 EXERCISE-IL MPR 22</p> <p>1:00 SHOPPING IN RAINBOW CITY AREA</p> <p>2:00 "KICK BACK FRIDAY" IL LOBBY (coffee, hot tea & wine)</p> 		<p>PICK UP YOUR TRIVIA IN IL LOBBY 23</p> <p>TRIVIA TIME</p> <p>OPEN TIME ALL DAY WITH THE Wii</p> 	
<p>9:00 CHURCH SERVICE IN IL MPR 24</p> <p>5:00 COFFEE AND CHIT CHAT IN THE LOBBY*</p> <p>PLEASE REMEMBER TO SOCIAL DISTANCE</p> <p>Activity Professionals Week</p>		<p>ENJOY A MORNING WALK* 25</p> <p>10:00 GROCERY SHOPPING/BANK</p> <p>10:00 EXERCISE-IL MPR</p> <p>3:45-4:30 HYMN SINGING IN IL MPR</p>		<p>9:15 COFFEE AND PASTRY IN IL LOBBY 26</p> <p>10:00 EXERCISE-IL MPR</p> <p>12:30 TRIVIA TUESDAY-PIANO</p> <p>1:00 LINE DANCING - IL MPR</p> <p>2:00 FUN WITH WII SPORT- IL MPR</p> <p>3:00 BIBLE STUDY-IL MPR</p> <p>Australia Day (observed)</p>		<p>ENJOY A MORNING WALK* 27</p> <p>10:00 EXERCISE-IL MPR</p> <p>2:00 MONTHLY BIRTHDAY PARTY IN IL MPR</p> 		<p>9:15 COFFEE AND TRIVIA IN IL LOBBY 28</p> <p>10:00 EXERCISE-IL MPR</p> <p>2:00 RESIDENT ART AND HOBBY SHOW- IL MPR AND 2ND FLOOR</p> <p>4:30 PIANO MUSIC BEFORE DINNER</p>  		<p>10:00 EXERCISE-IL MPR 29</p> <p>1:00 SHOPPING IN RAINBOW CITY AREA</p> <p>2:00 "KICK BACK FRIDAY" IL LOBBY (coffee, hot tea & wine)</p> 		<p>PICK UP YOUR TRIVIA IN IL LOBBY 30</p> <p>TRIVIA TIME</p> <p>OPEN TIME ALL DAY WITH THE Wii</p> 	
<p>9:00 CHURCH SERVICE IN IL MPR 31</p> <p>5:00 COFFEE AND CHIT CHAT IN THE LOBBY*</p> <p>PLEASE REMEMBER TO SOCIAL DISTANCE</p> 		<p>Please practice social Distancing at all activities. Highlighted activities are NEW wellness programs for this month</p>											

The Community reserves the right to modify the contents of this activity calendar at any time without notice