

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021

Positive Attitude Month

					<p>10:00 Pet Therapy 1 10:30 Stretching Out 11:00 Benefits of Positive Thinking 1:30 Trivia Time 3:00 Hello October Happy Hour</p>	<p>9:00 Communion w/ 2 Queen of All Saints 10:30 Exercise Video 1:30 Gospel Hymn Sing Along 2:30 Rummikub</p>
<p>10:30 Exercise 3 11:00 Morning Walk 1:30 Bingo 3:00 Ice Cream Social</p>	<p>10:30 Mindful Yoga w/ Lorraine 11:00 Activity Meeting w/ Rachel 1:30 Wii Bowling 4:00 Dinner Outing – Hacienda</p>	<p>10:00 News & Coffee 5 10:30 Kickball 1:30 Sing Along 2:30 Chef Chat w/ Chef Karlia 3:30 Devotional w/ Pastor Josh</p>	<p>9:00 Shopping - Al's 6 10:30 Stretching Out 11:00 Morning Trivia 1:30 Bingo w/ Humana Insurance 6:30 Rummikub Night</p>	<p>9:30 Coffee & Muffins 7 10:30 Exercise 11:00 Book Club "The Walk" 2:00 Making Dog Treats to Donate 3:00 Kickball</p>	<p>9:30 Word Searches 8 10:30 Stretching Out 11:00 Trivia Time 1:30 Fall Painting 3:00 Happy Hour</p>	<p>9:00 Communion w/ 9 Queen of All Saints 10:30 Exercise Video 1:30 Gospel Hymn Sing Along 2:30 Rummikub</p>
<p>10:30 Exercise 10 11:00 Morning Walk 1:30 Bingo 3:00 Ice Cream Social</p>	<p>9:30 Funny Dog Videos 11 10:30 Exercise 11:00 Morning Trivia 1:30 Wii Bowling 2:30 Walk at Striebel Pond (US) Indigenous Peoples' Day Thanksgiving (Canada)</p>	<p>10:00 News & Coffee 12 10:30 Kickball 2:00 Making Fall Pumpkin Bouquets 3:00 Manicures 3:30 Devotional w/ Pastor Josh</p>	<p>9:00 Scenic Fall Drive 13 10:30 Stretching Out 1:30 Bingo w/ Heart to Heart 3:00 Shopping - Kohls</p>	<p>9:30 Coffee & Muffins 14 10:30 Exercise 11:00 Book Club "The Walk" 1:30 Kickball 3:00 Chef Demo</p>	<p>9:30 Word Searches 15 10:00 Pet Therapy w/ Jack 10:30 Stretching Out 1:30 Trivia Time 3:00 Happy Hour</p>	<p>9:00 Communion w/ 16 Queen of All Saints 11-1 Oktoberfest Celebration 1:30 Gospel Hymn Sing Along</p>
<p>10:30 Exercise 17 11:00 Morning Walk 1:30 Bingo 3:00 Ice Cream Social</p>	<p>9:30 Walk Outside 18 10:30 Sit & Stretch w/ Lorraine 11:00 Morning Trivia 1:30 Wii Bowling 2:00 Outing: Blue Chip Casino</p>	<p>10:00 News & Coffee 19 10:30 Kickball 1:30 Sing Along 2:30 Manicures 3:30 Devotional w/ Pastor Josh</p>	<p>10:00 Garwood's Apple Orchard 20 10:30 Exercise Video 1:30 Bingo 3:00 Resident Council 6:30 Rummikub Night</p>	<p>9:30 Coffee & Muffins 21 10:30 Exercise 11:00 Book Club 2:00 Making Halloween T-Shirts 3:00 Kickball 5:00 Theme Night</p>	<p>9:30 Word Searches 22 10:30 Stretching Out 11:00 Trivia Time 2:00 Halloween Drum Circle 3:00 October Birthday Celebration</p>	<p>9:00 Communion w/ 23 Queen of All Saints 10:30 Exercise Video 1:30 Gospel Hymn Sing Along 2:30 Rummikub</p>
<p>10:30 Exercise 24 11:00 Morning Walk 1:30 Bingo 3:00 Ice Cream Social</p>	<p>9:30 Walk Outside 25 10:30 Exercise 11:00 Lunch Outing- Resident's Choice 2:00 Concert w/ J. Jay Brook 3:30 Wii Bowling</p>	<p>10:00 News & Coffee 26 10:30 Kickball 1:30 Sing Along 2:30 Manicures 3:30 Devotional w/ Pastor Josh</p>	<p>9:00 Fall Drive 27 10:30 Stretching Out 11:00 Halloween Trivia 1:30 Bingo w/ Dunes 3:00 Shopping - Walmart</p>	<p>9:30 Coffee & Muffins 28 10:30 Exercise 11:00 Book Club "The Walk" 1:30 Making Gratitude Boards 3:00 Kickball</p>	<p>10:00 Pet Therapy 29 10:30 Stretching Out 1:30 Decorating Halloween Cookies 3:00 Halloween Party & Staff Costume Contest</p>	<p>9:00 Communion w/ 30 Queen of All Saints 10:30 Exercise Video 1:30 Gospel Hymn Sing Along 3:00 Halloween Movie & Snacks</p>
<p>10:30 Exercise 31 11:00 Morning Walk 1:30 Bingo 3:00 Ice Cream Social</p>	<p>Rittenhouse Village at Michigan City</p> <p><i>*Activities in italics require RSVP at the front desk. Activities and times are subject to change*</i></p>					

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

OCTOBER 2021

						9a Chair Exercise 11a Pet Therapy 1p Balloon Volley 2p Refreshments 3p Cards 7p Friday Movie 830p Refreshments	1	9a Morning Stretches 10a Bingo 11a Coloring Fun 2p Refreshments 3p Cards 6p Word Search 8p Refreshments	2				
9a Daily Chronicle 10a Kickball 11a Manicures 2p Refreshments 3p Cards 6p Puzzles 8p Refreshments	3	9a Garden Walk 10a Trivia Time 11a Milk Shakes 2p Refreshments 3p Parachute Fun 6p Cards 8p Refreshments	4	9a Kickball 10a Word Searches 11a Cookie Baking 2p Refreshments 3p Coloring Fun 6p Trivia 8p Refreshments	5	9a Chair Yoga 10a Wood Search 11a Coloring Fun 2p Refreshments 3p Card 6p Hangman 8p Refreshments	6	9a Chair Exercise 10a Bingo 11a Arts and Craft 230p Chef Demo 3p Manicures 6p Coffee Social 8p Refreshments	7	9a Morning Prayer 11a Music Hour 1p Chair Yoga 2p Refreshments 3p Word Search 7p Friday Movie 830p Refreshments	8	9a Out Door Walk 10a History Trivia 11a Coffee Social 2p Refreshments 3p Hang Man 6p Puzzles 8p Refreshments	9
9a Daily Chronicle 10a History Trivia 11a Music 2p Refreshments 3p Daily News 6p Scrabble 8p Refreshments	10	9a Kickball 10a Word Searches 11a Tea and Cookies 2p Refreshments 3p Parachute Fun 6p Trivia 8p Refreshments	11	9a Chair Exercise 10a Resident Council 11a Arts and Crafts 2p Refreshments 3p Cards 6p Puzzles 8p Refreshments	12	9a Parachute 10a States and Capitols 11a History Trivia 2p Refreshments 3p Music Hour 6p Tic Tac Toe 8p Refreshments	13	9a Chair Exercise 10a Coloring Fun 11a Puzzles 2p Refreshments 3p Word Search 6p Scrabble 8p Refreshments	14	9a Chair Exercise 11a Pet Therapy 2p Refreshments 3p Bingo 7p Friday Movie 830p Refreshments	15	9a Chair Yoga 10a Music 11a Coloring Fun 2p Refreshments 3p Tic Tac Toe 6p Coffee Hour 8p Refreshments	16
9a Daily Chronicle 10a Kickball 11a News 2p Refreshments 3p Cards 6p Music 8p Refreshments	17	9a Kickball 10a Easy Listening 11a Bingo 2p Refreshments 3p Manicures 6p Coffee Social 8p Refreshments	18	9a Morning Stretches 10a Coffee n Donuts 11a Bingo 2p Refreshments 3p Arts and Crafts 6p Hangman 8p Refreshments	19	9a Chair Yoga 10a Popcorn Social 11a Food Committee 2p Refreshments 3p Puzzle Books 6p Cards 8p Refreshments	20	9a Morning Stretches 10a Trivia 11a Puzzles 2p Refreshments 3p Word Search 6p Hangman 8p Refreshments	21	9a Morning Prayer 11a Chair Yoga 2p Refreshments 3p hangman 7p Friday Movie 830p Refreshments	22	9a Chair Exercise 10a Daily News 11a History Trivia 2p Refreshments 3p Cards 6p Scrabble 8p Refreshments	23
9a Daily Chronicle 10a Kickball 11a News 2p Refreshments 3p Scrabble 6p Music 8p Refreshments	24	9a Chair Yoga 10a Music 11a Cards 2p JJ Brooks on AL 6p 5000 Dice 8p Refreshments	25	9a Parachute 10a Cider and Cookies 11a Coloring Fun 2p Refreshments 3p Trivia 6p Scrabble 8p Refreshments	26	9a Kickball 10a Daily News 11a Fall Craft 2p Refreshments 3p Manicures 6p Coloring Fun 8p Refreshments	27	9a Chair Exercise 10a Puzzles 11a Hangman 2p Refreshments 3p Music 6p Cards 8p Refreshments	28	9a Chair Yoga 11a Pet Therapy 1p Halloween Party 3p Halloween Fun 7p Friday Movie 830p Refreshments	29	9a Kickball 10a Coffee Social 11a Morning News 2p Refreshments 3p Cards 6p Find a Word 8p Refreshments	30
9a Daily Chronicle 10a Chair Yoga 11a Manicures 2p Refreshments 3p Cards 6p Find A Word 8p Refreshments	31												
<h2>SHINE AT RITTENHOUSE</h2>													

Halloween