

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2021

Rittenhouse Village, Valparaiso, IN

<p>10:00-St. Paul's Catholic Service 1:30-Table Games 2:30-Hallwalkers 3:00-Relaxing Mandala</p>	<p>10:00-Music &amp; Movement Exercise 10:30-Poetry Reading 1:30-Monday Manicures 3:00-UNO 4:00-Let's Walk</p>	<p>10:00-Chair Fitness 10:30-Devotional 11:00-Garden Walk 1:30-Bunco 3:00-Penny Ante 4:00-Dominoes</p>	<p>10:00-Weights &amp; bands Exercise 10:30-Words to live by 11:00-News &amp; Brews 1:15-Van Ride 1:30-Rummy 3:00-Po-Ke-No</p>	<p>10:00-Music &amp; Movement Exercise 10:30-Poetry Reading 11:00-Martinetti Dice 1:30-Make &amp; Bake 2:30-Snack &amp; Chat 3:30-Favorite Recipe</p>	<p>10:00-Chair Fitness 10:30-Devotional 11:00-Help your Neighbor 1:30-Prize Bingo 3:00-Chips Dice 4:00-October IQ</p>	<p>10:00-Chair Dance fitness 1:30-Checkers 2:30-Café Chat 3:00-Banana Grams 4:00-Famous Oct. Bdays</p>
<p>10:00-St. Paul's Catholic Service 11:00-Morning Stroll 1:30-Dominoes 2:30-Wildlife Symphony 3:30-Café Chat</p>	<p>10:00-Weights &amp; bands Exercise 10:30-Words to live by 1:30-Monday Manicures &amp; Music 3:00-Table Games <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small></p>	<p>10:00-Weights &amp; bands Exercise 10:30-Words to live by 11:00-Martinetti Dice 1:30-Hangman 3:00-Help your neighbor</p>	<p>10:00-Music &amp; Movement Exercise 10:30-Poetry Reading <b>1:15-Dollar General shopping trip</b> 2:30-Halloween Painting class 3:30-Chips Dice</p>	<p>10:00-Chair Fitness 10:30-Devotional 11:00-Power of Positive thoughts 1:30-Nickle Bingo <b>2:30-Tea with Debby</b> 4:00-All About Bats</p>	<p>10:00-Chair Exercise with Tai Chi 10:30-Devotional 11:00-UNO 1:30-Make &amp; Bake 2:30-Snack &amp; Chat 3:30-A Great Boss</p>	<p>10:00-Chair Dance fitness 1:30-Cards 2:30-Hallwalkers 3:00-Puzzles 4:00-Opera word search</p>
<p>10:00-St. Paul's Catholic Service 11:00-Morning Stroll 1:30-Dominoes 2:30-Wildlife Symphony 3:30-Café Chat</p>	<p>10:00-Music &amp; Movement Exercise 10:30-Poetry Reading 1:30-Monday Manicures &amp; Drinks 3:00-Banana Grams</p>	<p>10:00-Weights &amp; bands Exercise 10:30-Words to live by 11:00-News &amp; Brews <b>2:00-Chef Demo</b> 3:00-Left, Center, Right</p>	<p>10:00-Chair Fitness 10:30-Devotional 11:00-Group Poetry writing 1:15-Dollar General 1:30-Table Games 3:00-Snack &amp; Chat</p>	<p>10:00-Chair Exercise with Tai Chi 10:30-Devotional <i>1:30-Resident Council</i> 3:00-Wheel of Fortune 4:00-Look a like-Game</p>	<p>10:00-Music &amp; Movement Exercise 10:30-Poetry Reading 11:00-Penny Ante 1:30-Help your Neighbor 3:00-Make &amp; bake</p>	<p>10:00-Chair Dance fitness 1:30-UNO 2:30-Café Chat 3:00-Banana Grams 4:00-Witch Category puzzle</p>
<p>10:00-St. Paul's Catholic Service 1:30-Table Games 2:30-Café Chat 4:00-Music lovers Detective</p>	<p>10:00-Weights &amp; bands Exercise 10:30-Words to live by 1:30-Monday Manicures 3:00-UNO 4:00-Word Web</p>	<p>10:00-Chair Fitness 10:30-Devotional 11:00-Looking for fall leaves 1:30-Making fall bookmarks 2:30-Bunco 3:30-Scare crow crwd.</p>	<p>10:00-Catholic Mass 11:00-UNO <b>1:15-Target Shopping Trip</b> 1:30-Checkers 3:00-Chips Dice 4:00-Hallwalkers</p>	<p>10:00-Chair Fitness 10:30-Devotional 11:00-News &amp; Brews 1:30-Nickle Bingo 3:00-Left, Center, Right 4:00-In the Kitchen</p>	<p>10:00-Music &amp; Movement Exercise 10:30-Poetry Reading <b>2:00-Music with Fred W. &amp; Halloween Social</b> 3:30-Hallwalkers</p>	<p>10:00-Chair Dance fitness 1:30-Table Games 2:30-Hallwalkers 3:00-Mandala 4:00-Puzzles</p>
<p>10:00-St. Paul's Catholic Service 11:00-Hallwalkers 2:00-Music with Ina 3:00-Café Chat</p>						

Halloween

**\*\* All Activities are subject to change.**

**\*\*Movie show each evening at 6:30**